An Artist's Guide to Mexico City

Recommendations from Anna + Jesús Núñez

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COFFEE

Nice Day Coffee Compay Blend Station Cafe Milou WO Coffee Bar

RESTAURANTS

Taquería Orinoco Amanda Manda Maíz de Cacao Eva Sandwicheria Lardo Katsu Sando Páramo Our favorite meal - I'm still dreaming about their Jamaica/Mezcal cocktail.

SWEETS

Churrería El Moro Panadería Rosetta Their pastries are SO good Helado Cometa

MUSEUMS/SIGHTS

Museo de Arte Popular Museo Nacional de Antropología I'd highly recommend booking a tour! It made our experience SUPER inteesting. We booked <u>this tour with Carlos</u> and loved him. Museo de Arte Moderno Chapultepec Castle Frida Kahlo Museum The Pyramids at Teotihuacan Hot air balloon rides are popular here!

SHOPPING

Tierras de Ancestros Metate Greko Home

LOCAL ADVICE

(thanks to our Airbnb host):

HEALTH RECOMMENDATIONS

To avoid stomach bugs, AKA Montezuma's Revenge:

- Avoid street food
- Don't drink tap water

• Avoid ice cubes that are homemade, usually made with tap water.

You can recognise industrially produced ice cubes with drinkable water if they have a hole at their center.

SAFETY

• Be discreet. Avoid wearing expensive jewelry and watches.

- · Some neighborhoods are safer than oth-
- ers be mindful of your surroundings. When in doubt, get local advice on where to go and where to avoid. Everyone we met in Mexico City was very kind.

TRANSPORTATION

• Ubers are incredibly cheap, practical, and said to be safer than regular taxis!

• We also found neighborhoods like La Roma, La Condesa, and Polanco to be super walkable.

WHERE TO STAY

• We stayed in Roma, but also loved the La Condesa neighborhood.

These areas have a high concentration of trendy restaurants/bars, boutiques, and coffee shops. They also felt super safe!